



NORTHERN QUEENSLAND
REGIONAL TRAINING
HUBS

Anatomy of Surgical Exposure

Friday 17th to Sunday 19th
July 2026

James Cook University, Cairns
Campus, Nguma-bada Campus,
Smithfield

Participants: 20 in total

Faculty: Course Director, Dr Omar Mouline FRACS

Course Coordinator, Dr Merwe Hartsliet M.B.Ch.B M.Med FRACS

Cost: \$3750

Includes course manual, a set of scrubs, cap and a course dinner

There is a focus on open general surgery, emphasizing emergency and trauma situations. Candidates will be assisted with dissections and assessed on technical ability (knot tying, suture ligation, dissection and anastomosis), anatomical knowledge, and teamwork.

Supported by:

Johnson & Johnson MEDICAL
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For any queries relating to the course, please contact:
Steph Sherriffs | Surgical Course Coordinator
E | surgical.training@jcu.edu.au

Cairns
Singapore
Townsville

Day 1 Overview

		Coffee and tea
0700 - 0800	30	Registration and Welcome (pick up scrubs & manual)
0800 - 0815	15	Induction into the Anatomy Laboratory and Housekeeping
UPPER LIMB AND AXILLA		
0815 - 0830	15	Exposure of the Neurovascular Bundle in the Antecubital Fossa
0830 - 0915	45	Axillary Dissection
0915 - 1000	45	Exposure of the first part of the axillary artery
OSATS UPPER LIMB AND AXILLA (1)		
1000 - 1030	30	<i>Morning Tea</i>
GROIN AND HERNIA		
1030 - 1115	45	Inguinal Hernia Exposure
1115 - 1145	30	The Saphenofemoral Junction & Low Approach to Femoral Hernia
1145 - 1215	30	The High Approach to Femoral Hernia Repair
1215 - 1230	15	Lichtenstein Hernia Repair / Low Approach Femoral Hernia Repair
OSATS GROIN AND HERNIA (2)		
1230 - 1315	45	<i>Lunch</i>
ABDOMINAL WALL		
1315 - 1330	15	The Femoral Triangle & Inguinal Lymph Node Dissection
1315 - 1330	15	Secure and Stent the Femoral Artery
1330 - 1400	30	Extraperitoneal Exposure of the Iliac Vessels & Ureter
1400 - 1415	15	The Pfannenstiel Incision
1415 - 1430	15	The Principle of Anterior and Posterior Components Separation for Hernia Repair
1430 - 1445	15	Lower Midline Incision and Extraperitoneal Packing for Haemostasis
1445 - 1500	15	Rives/Stopppa Approach for Extraperitoneal Hernia Repair
1500 - 1515	15	Open Appendicectomy
1515 - 1530	15	Midline Incision into Peritoneal Cavity
OSATS ABDOMINAL WALL (3)		
CARDIO-THORACIC		
1530 - 1600	30	Sub-Xiphoid (Window) Exposure of the Pericardium
1600 - 1630	30	Median Sternotomy
1630 - 1700	30	Left Antero-Lateral Thoracotomy
1700 - 1730	30	Left Postero-Lateral Thoracotomy
OSATS CARDIO-THORACIC (4)		
END OF DAY 1		

Day 2 Overview

0730		Be at Campus
<u>ABDOMEN AND PELVIS</u>		
Gall bladder Pancreas and Spleen		
0800 - 0815	15	Kocher Incision extended bilaterally (Rooftop, Chevron incision)
0815 - 0845	30	Cholecystectomy, Bile Duct Exploration and Mobilisation of Duodenum
OSATS CHOLECYSTECTOMY AND BILE DUCT EXPLORATION (5)		
0845 - 0915	30	Exposure of the Head and Body of Pancreas
0915 - 1000	45	Splenectomy and Mobilisation of tail of pancreas
OSATS PANCREAS AND SPLEEN (6)		
1000 - 1030	30	<i>Morning Tea</i>
<u>LIVER AN UPPER GI</u>		
1030 - 1100	30	Mobilisation of liver
1100 - 1115	15	Perihepatic Packing for severe liver injury
1115 - 1145	30	The Stomach and Mobilisation of the Abdominal Oesophagus / Gastric Tube
Roux en Y and Surgical Options for Upper GI Reconstruction (optional)		
1145 - 1230	45	Right hepatic Lobectomy
OSATS LIVER AND UPPER GI (7)		
1230 - 1315	45	<i>Lunch</i>
<u>LOWER ABDOMEN AND PELVIS</u>		
1315 - 1345	30	Exposure of Infrarenal Aorta
1345 - 1400	30	Right Hemicolectomy
1400 - 1430	30	Left Hemicolectomy with Mobilisation of the Splenic Flexure Extended to High AND Low Anterior Resection.
1430 - 1500	30	Open Hysterectomy or Exploration of the Scrotum and fixation of torsion / Orchidectomy
1500 - 1530	30	Ureteric repair / Reimplantation of ureter into bladder / Boari flap
1530 - 1600	30	Partial Cystectomy and closure of bladder
1600 - 1630	30	Loop Ileostomy / Ileal conduit
1630 - 1700	30	Fascial Closure Abdominal Incisions
OSATS LOWER ABDOMEN AND PELVIS (8)		
END OF DAY		
<i>Course Social Networking Event</i>		
1830		TBC Cairns City

Day 3 Overview

0730		Be at Campus
HEAD AND NECK		
0800 - 0830	30	Submandibular Gland
0830 - 0900	30	Parotidectomy
0900 - 1000	60	Thyroidectomy
1000 - 1015	15	Cricothyroidotomy
1015 - 1030	15	Tracheostomy
1030 - 1115	15	Introduction to Neck Dissection
1115 - 1230	45	Exposure of the Subclavian Artery
OSATS NECK (9)		
1230 - 1315	45	Lunch
1315 - 1530	135	Trauma Craniotomy
OSATS CRANIOTOMY (10)		
Afternoon tea		
Debrief		